

joyce in the Belly of the Big Truck

A Modern Day Jonah Story

By joyce a. cascio

Are you lost? Don't know where life is taking you? Who you are? **joyce in the Belly of the Big Truck** may help you find your way.

This modern day Jonah story follows the personal growth of the author – joyce – through 16 months as a long-haul truck driver. Driving a Big Rig involves long periods of tedium, both on the road and while waiting to load, unload, pick up, or drop trailers full of cargo. There is lots of time for introspection.

There are also instances of close calls and potential (or real) accidents, getting lost, and wondering about your ability. For some, these incidents lead to a sense of fear, inadequacy and low self-worth. For others, these are opportunities to learn new life lessons and put their own life in perspective.

Dissatisfied with herself, joyce embarks on a job as a truck driver. Her book chronicles incidents along the way that lead her to self-examination. Each chapter presents a lesson learned, a step taken, toward acceptance of herself as a person of value. She compares her journey to that of the biblical Jonah, who struggled to accept the task that God gave him.

Her spiritual journey is one we can all share. Like Jonah, joyce needed to open her heart and accept God's message. As she did, she learned that eternal message is Love.

Available from Rainbow Legends, www.rainbowlegends.com

Reviewed by Dave Parker